



# LAKESIDE NURSING AND REHABILITATION CENTER

A PEREGRINE HEALTH MANAGEMENT FACILITY

## The Admission Process

Lakeside has an open admission policy; persons are admitted without regard to race, creed, color, sex, national origin, marital status, handicap, sexual preference, or ability to pay. Admission is limited to individuals 16 years and older and the ability of Lakeside to provide the appropriate level of care. A person is admitted to Lakeside on the recommendation of a physician.

Our admission team will help you and your family through the admission process. Our social work department is available to each resident and family to discuss issues such as the transition to life at Lakeside and any concerns that develop out of the continued residence.

### What's Needed Before Admission?

Lakeside requires the following four documents before we can consider someone for admission:

- 1. Completed Application Form:** You may print and complete the form found on our web site or the one supplied to you by the hospital or referring facility.
- 2. Patient Review Instrument (PRI):** This document states the prospective resident's medical condition. If the prospective resident is in the hospital, the PRI will be completed by hospital staff and faxed to us. In the home setting, a prospective resident should call his/her local health department to have a nurse come to the home to complete the PRI.
- 3. Tuberculosis Testing (PPD):** Also known as the Mantoux Test, Lakeside requires a PPD no more than 30 days prior to admission. If the PPD result is negative, plans for admission can proceed. If the PPD is positive, the prospective resident would need a chest x-ray verifying no active disease in order to proceed with the admission. If the prospective resident is in the hospital, a chest x-ray that shows no active disease is acceptable for admission.
- 4. Physical Exam:** Lakeside requires that prospective resident's coming from home have a physical examination no more than five (5) days prior to admission; or, they may have their doctor perform a physical exam on the day of admission. For hospital patients, the hospital's health and physical exam is acceptable.

### Does Your Doctor Come to Lakeside?

Each Lakeside resident must have medical supervision by a doctor associated with lakeside. It is the responsibility of the prospective resident, family, or sponsoring agency to obtain the services of the doctor. A doctor must be selected and confirmed before a prospective resident can be admitted to lakeside. Our Admissions Department will be able to assist you by providing a list of doctors affiliated with Lakeside.

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## How Soon Will the Admission Take Place?

Once all the necessary documents have been received, lakeside determines whether the facility can provide the necessary care for the prospective resident. That decision can happen very quickly. Lakeside Admission staff will then call the prospective resident, responsible family member and if appropriate the hospital or referring agency and offer a bed to the prospective resident.

Admission can, in some instances, take place in the same day, or often the day following the referral, depending on the circumstances.

While most admissions are scheduled weekdays during normal business hours, admissions can be scheduled at any time convenient for the prospective resident, family, responsible party and/or the referring agency. If coming from home, it is helpful for family members to accompany the new resident. If the prospective resident is in the hospital, the hospital will make arrangements with the family for discharge and transportation to Lakeside.

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## What Happens On Admission Day?

The day of admission will be busy. Family members will want to bring the appropriate items referred to on the checklist. All personal items can be left with the Admissions Department for personalizing and inventory. The Admissions Department staff will present you with several documents: a Residents' Rights Handbook, an Admission Agreement, personal fund account procedures, and a problem resolution outline. Our Business Office will meet with you either prior to admission or shortly thereafter to answer your questions regarding fees and payments.

The new resident will also be visited by staff from nursing, social work, dietary, rehabilitation, and recreation. Each of these staff members will evaluate the resident's needs. Lakeside's team of professionals will work with the resident and family members or responsible party to develop an individualized plan of care that helps our new resident achieve and maintain the highest possible quality of life.

## On Admission Day.....

Do you have:

About 10 days of clothing  
Personal items and room decorations  
[Social history Form](#)

Also, please bring the following documents (if applicable):

Power of Attorney\*  
Medicare Card  
Medicaid Card  
Other insurance cards  
Health care Proxy\*  
Do Not Resuscitate Order (DNR)\*  
Living Will\*  
Organ donation document

\* *A social worker will be available to discuss these topics with you at the time of admission.*

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